

Attachment Theory in Clinical Practice

The Bowlby Centre

Promoting Attachment and Inclusion

offers a short course

Attachment Theory in Clinical Practice

Seminar Leader: Kate White

This professional development short course introduces the key concepts of attachment theory as they appear in therapeutic work with adults. The course explores both clinical and personal experience of attachment theory and discusses applications of new attachment research from a relational perspective. There will be an opportunity for participants to discuss current clinical dilemmas and explore how these might be understood from an attachment and relational point of view.

Seminars will include the following themes.

- **Introductions – our relationship to attachment theory.**
- **Attachment theory in context**
- **Separation, loss and mourning**
- **Patterns of attachment and their internal representation**
 - **Secure** • **Dismissing** • **Preoccupied** • **Unresolved/disorganised** • **Not classifiable**
- **Evaluating adult attachment states of mind**
- **Internal working models**
- **Reflective functioning**
- **Intersubjectivity**

Clinical work will consider the role of mourning, narrative, mutuality and recognition, affective attunement and cycles of rupture and repair in the therapeutic process.

"I was surprised how this course touched on all areas of my life... for me it has been the missing piece of the jigsaw I have been looking for and brings together many things..."

Course Details:

The course is designed for practising psychotherapists and counsellors who are working from a psychodynamic perspective. Maximum of 10 participants.

Venue:

The Bowlby Centre, 147 Commercial Street, London E1 6BJ. (10 mins walk from Liverpool Street Station)

Cost:

Self Funded £480, Organisation Funded £540
Bowlby Centre Members £400

Dates:

The seminars will be held on 10 Tuesdays from 2pm – 4.15pm; October 4th 2011 – 13th December 2011 with a break on 25th October.

Application process:

Send in a short course application form downloadable from our website www.thebowlbycentre.org.uk by September 6th 2011

The Bowlby Centre:

Promoting Attachment and Inclusion

Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy training which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By
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Website:
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Patron:
Sir Richard Bowlby

Trustees:
Dr Elaine Arnold
Dr Heather Geddes
Dr Tony Leiba
Dick Blackwell
Margaret Bluman (Trustee designate)

Valuing Diversity

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.