

# Working with Dissociation in Clinical Practice Using an Attachment Perspective

**The Bowlby Centre  
and  
The Clinic for Dissociative Studies**

offer a continuing professional development course

## **Working with Dissociation in Clinical Practice Using an Attachment Perspective**

### **Course Dates:**

**Saturday 5th June 2010**

**Sunday 6th June 2010**

**Saturday 3rd July 2010**

**Sunday 4th July 2010**

### **Course Leader:**

**Emerald Davis**

### **Visiting Speakers:**

**Valerie Sinason**

**Graeme Galton**

**Adah Sachs**

**Ruth Cureton**

**Emma Starck**

This 4-day continuing professional development course introduces key concepts for working therapeutically from a relational perspective with adults suffering from dissociative experiences. Dissociation will be explored as a survival strategy which begins when an individual is faced with repeated early emotional, physical and/or sexual trauma at the hands of attachment figures.

Participants will be introduced to the continuum of dissociation, from when it is creative and adaptive to when it is no longer adaptive and sabotages chances of personal fulfilment. The course aims to provide a safe environment for participants to explore emotionally and intellectually a topic that is rarely addressed because of the extreme trauma it represents.

The collaborators offering this course share a relational psychoanalytic perspective. They also recognise that psychotherapists working with extreme trauma may have to adapt their approach and the course will be as inclusive as possible.

For an application form contact:

**The Bowlby Centre**  
147 Commercial Street  
London E1 6BJ.

Telephone:  
020 7247 9101

E.mail:  
admin@  
thebowlbycentre.org.uk

Website:  
www.thebowlbycentre.org.uk

Trustees:  
Dr Elaine Arnold  
Sir Richard Bowlby  
Dr Heather Geddes  
Prof Tony Leiba

## Course Outline:

### 5th June

#### Valerie Sinason

Introduction

#### Emma Starck

Understanding the links between dissociation and disorganised attachment states of mind

### 6th June

#### Ruth Cureton

A survivor's experience of Dissociative Identity Disorder

#### Graeme Galton

Dissociation in the consulting room: what is it and what does it look like?

### 3rd July

#### Emerald Davis

Clinical material from the group

#### Emerald Davis

Screening of "May 33rd"

### 4th July

#### Adah Sachs

Forensic issues and self-harm in Dissociative Identity Disorder

#### Valerie Sinason

Ritual abuse

## Course Cost:

**The Bowlby Centre members and**

**Clinic for Dissociative Studies faculty: £480**

**Individuals paying for themselves: £540**

**Individuals funded by an organisation: £620**

## Time & Venue:

The course will run from 10:30am to 4:30pm each day and be held at The Bowlby Centre, 147 Commercial Street, London E1 6BJ.

## Course Structure:

There will be presentations by visiting speakers, followed by a group discussions which will include an opportunity to hear about participants' own clinical work. The seminar leader will be present throughout the course, introducing each speaker and facilitating the discussions.

## Participants:

This course will be of particular relevance to qualified psychotherapists, although this is not a formal requirement for participation. No prior knowledge of dissociation or dissociative disorders will be assumed.

## Further Information:

For further information and the short course application form please contact:

**The Administrator, The Bowlby Centre, 147 Commercial Street, London E1 6BJ.**

**Telephone: 020 7247 9101 Email: [admin@thebowlbycentre.org.uk](mailto:admin@thebowlbycentre.org.uk)**

The short course application form can also be downloaded from: **[www.thebowlbycentre.org.uk](http://www.thebowlbycentre.org.uk)**

## Application Process:

Please ensure your application form reaches the centre by Friday, 7 May 2010.

## Valuing Diversity

The Bowlby Centre and CDS encourage applications from all sectors of the community and respect and value difference in race, age, class, religion, culture, disability, gender and sexuality.