



# TOUCH

## ATTACHMENT AND THE BODY

EDITED BY KATE WHITE

*Drawn from the tenth John Bowlby Memorial Conference, this fascinating book explores the much neglected and taboo topic of touch within therapy and how it relates to the developmental and psychoanalytic process.*

'Playing on Winnicott's famous claim that there is no such thing as a baby but only a baby-in-relation, Susie Orbach persuasively declares that there is no such thing as a body!'

Lewis Aron, Ph.D., Director, New York University, Postdoctoral Program in Psychotherapy & Psychoanalysis. Co-editor with F. S. Anderson, (1998) of *Relational Perspectives on the Body*

This welcome collection:

- includes contributions from a wide range of professional backgrounds.
- contains two papers from pioneering analyst Susie Orbach.
- explores issues of the body and the historically taboo subject of touch in psychoanalysis.
- is a significant and valuable addition to the exploration of the body in contemporary relational psychoanalysis.

**A thought-provoking and challenging book for all mental health professionals.**

### The Editor

KATE WHITE is a registered Member of the Centre for Attachment-based Psychoanalytic Psychotherapy where she has been Chair of the Education Committee, and is a training therapist, supervisor, and teacher. Formerly senior lecturer at South Bank University in the Department of Nursing and Community Health Studies, she has used her extensive experience in adult education in her work for the United Kingdom Council for Psychotherapy, where she chaired the Training Standards and Membership Committee of the Psychoanalytic and Psychodynamic Section. In addition to working as an individual psychotherapist, Kate is consultant to, and has run workshops for, a range of community and mental health projects on the themes of attachment and trauma. One of her particular interests is in sibling relationships.

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